

**Germantown Reproductive Health Services**  
13233 Executive Park Terrace Germantown, MD 20874 Ph. 301-353-9200

**Appointment Day Pre-Op Instructions**

**Photo Identification-** No one will be allowed entry into the clinic without a photo ID.

**Purses, bags and cell phones-** These items are not allowed inside the clinic. If you bring them with you, you will be asked to return them to your car. **NO EXCEPTIONS!**

**Transportation on site and driver-** Patients must have vehicle and driver on ALL days of your procedure. No public transportation, such as cabs or buses will be allowed for reliable transportation. Patient will be turned away if there is no transportation or driver on the first day of appointment.

**Payment-** All of the procedure cost is due upfront. Payment needs to be with you when you arrive at the clinic. We do not accept checks or money orders. Cash and Credit/Debit cards only. If you are using a Credit/Debit card, the name on the card must match the name(s) on the ID(s) given to gain entry. If you are using someone else's card, call the office and speak with the office manager for directions and approval prior to your visit. If you do not have your full payment amount at the time of your scheduled appointment, you may be rescheduled.

**Funding-** There are funding agencies that may be able to help you with the cost of your procedure. **NAF 1-800-772-9100 DCAF 202-452-7464**

**There are NO Children allowed in our office.**

**Appointment Date and Time-** Appointment dates and times are subject to change depending on the Physician's schedule. You will be called if your appointment time has changed. Your appointment can range from anywhere to 4-6 hours a day. Some days the appointment can take more than 6 hours. Please be patient

**C-Section Records-** If you have had a previous C-Section, your records must be faxed to office prior to your appointment time. **FAX#301-601-4318**

**Bring/Wear a tight fitting sports bra for all of the days you are here in the office. This will help with discomfort in the breasts.**

**Take a shower-** This reduces the amount of bacteria on your skin, to prevent infection.

**Wear something comfortable-** If you are having a surgical procedure, please wear something easy for staff to dress you in. (Ex: Pajamas or Sweat pants)

**Eat a light breakfast-** You can eat something light like toast or cereal but nothing heavy example: McDonalds breakfast sandwich

**Medications-** If you are currently taking medications please bring the bottles or list to your appointment.

**Other Requirements-** If the Physician has stated you need other records sent to our office or any other tests done prior to your appointment, these need to be faxed to us prior to your appointment time.

**Hotel & Lodging-** If you live over 45 minutes away from the clinic. Or you are coming from out of town, You are required to stay within 5-10 miles of the clinic. [www.priceline.com](http://www.priceline.com) can be used to get the best rates near the clinic. Here is a list of a few hotels that are near the clinic.

[Hampton Inn Germantown/Gaithersburg](#)

20260 Goldenrod Ln, Germantown, MD  
(301) 428-1300

[Fairfield Inn & Suites Germantown Gaithersburg](#)

20025 Century Blvd. Germantown, MD  
(301) 916-0750

[Homestead Studio Suites Washington, D.C. - Germantown](#)

20141 Century Blvd. Germantown, MD  
(301) 515-4500

[Extended Stay America Hotel Washington, D.C. - Germantown](#)

12450 Milestone Center Dr. Germantown, MD  
(301) 540-9369

***Please be cautious as we do have some protesters outside the office and out on the main road. We have police officers on site and clinic staff is willing to escort you into the office if you wish.***

***THE PHYSICIAN RESERVES THE RIGHT TO REFUSE TO SEE ANY PATIENT FOR ANY REASON HE DEEMS NECESSARY. PRICES ARE SUBJECT TO CHANGE PENDING OUR ULTRASOUND AND LABORATORY TESTING.***

***Any questions please call: 1-301-353-9200, 1-888-684-3599***

***Clinic Address: 13233 Executive Park Terrace Germantown, Maryland 20874***